



# MANASA

(RESIDENTIAL SCHOOL FOR INTELLECTUALLY DISABLED CHILDREN)



## SCHOOL CALENDAR 2025-2026



### MANASA REHABILITATION & TRAINING CENTRE

Registered Office : Padubelle Post, Udupi Dist, Karnataka - 574 116

Organisers : Catholic Sabha, Udupi / Mangalore Pradesh ®

Contacts : Trust : 8277219523 | School : 8277219524 | Hostel : 8277219712

website : [www.manasarehabilitation.org](http://www.manasarehabilitation.org) Email : [manasapamboor@gmail.com](mailto:manasapamboor@gmail.com)



**Msg. Ferdinand Gonsalves VG of Udupi Diocese lighting lamp and inaugurates the function on the occasion of handing over the CSR Grant to Manasa by Mr. Kishore Alva Executive Director Adani Group.**



**Inauguration of School Day by Msg. Maxim Noronha VG of Mangalore Diocese along with Chief Guest Commodore Jerome Castelino VSM ( Rtd) and other dignitaries.**



**Officials of Ajim Premji Foundation Bengaluru Ms. Nagarathna Subrahmanya and Ms. Elena Dsouza visited Manasa to study the functioning of School/Autism Centre.**

## STUDENT INFORMATION

(To be filled in by the Parent or the guardian)

Name of the Student :	_____	Affix Photo
(Capitals)	_____	
Class/Division :	_____	
Roll No/Admission No :	_____	
Date of Birth :	_____	
Blood Group :	_____	
Disability (%age) :	_____	
I. Q. Level :	_____	
UDID No. :	_____	
Adhar No of Student :	_____	
Father's Name :	_____ Sign _____	
Occupation :	_____	
Mother's Name :	_____ Sign _____	
Occupation :	_____	
Guardian's Name :	_____ Sign _____	
Address :	_____	
	_____	
	_____	
Contact No (Mob)		
Father: _____	Mother: _____	
Guardian : _____		
Class Teacher's Name :	_____	
Signature :	_____	

## ಶಾಲಾರಂಭದಲ್ಲ ಪ್ರಾರ್ಥನೆ

ಸೃಷ್ಟಿ ಕರ್ತನಾದ ದೇವರೇ ನಿಮ್ಮ ಪ್ರೀತಿಯ ಮಾನಸ ಶಾಲೆಯ ಮಕ್ಕಳಾದ ನಾವು ಈ ಪ್ರಾರ್ಥನೆಯ ಮುಖಾಂತರ ತಮ್ಮ ಕೃಪೆ ಆಶೀರ್ವಾದವನ್ನು ಯಾಚಿಸುತ್ತೇವೆ. ನಿಮ್ಮ ದೈವೀ ಆಶೀರ್ವಾದವು ಈ ಸಂಸ್ಥೆಯ ಮೇಲಿರಲಿ ನಮ್ಮನ್ನು ನಮ್ಮ ಸಿಬ್ಬಂದಿ ವರ್ಗದವರನ್ನು ನೀನು ಹರಸು ಪ್ರತ್ಯೇಕವಾಗಿ ಈ ಸಂಸ್ಥೆಯ ಪ್ರವರ್ತಕರಾದ ಕ್ಯಾಥೋಲಿಕ್ ಸಭೆಯ ಹಾಗೂ ಆಡಳಿತ ಮಂಡಳಿಯ ಮೇಲೂ ನಿಮ್ಮ ಕೃಪೆ ಇರಲಿ. ಈ ಸಂಸ್ಥೆಯ ಏಳಿಗೆಗಾಗಿ ದುಡಿಯುವ ಸರ್ವರ ಮೇಲೂ ನಿಮ್ಮ ಕೃಪೆ ಆಶೀರ್ವಾದವನ್ನು ವಿನಮ್ರವಾಗಿ ಬೇಡುತ್ತೇವೆ. ಪ್ರತ್ಯೇಕವಾಗಿ ಫಾ. ಜೆಪ್ರಿನ್ ಮೊನಿಸ್ ಹಾಗೂ ಎಲ್ಲಾ ಹಿತೈಷಿಗಳನ್ನು ಕರುಣಿಸು. ಈ ಸಂಸ್ಥೆಯ ಆರಂಭದ ದಿನದಿಂದ ಈ ವರೆಗಿನ ವರೆಗೂ ನಮ್ಮನ್ನು ಉತ್ತಮ ದಾರಿಯಿಂದ ನಡೆಸಿ ಇನ್ನು ಮುಂದೆಯೂ ಯಾವುದೇ ಕುಂದು ಕೊರತೆಗಳಿಲ್ಲದೆ ಸಾಗುವಂತೆ ನಮ್ಮನ್ನು ಹರಸಿ ಹಾರೈಸು. ಕರ್ತರಾದ ದೇವರೇ ಈ ನಿಮ್ಮ ಮುದ್ದು ಮಕ್ಕಳ ಪ್ರಾರ್ಥನೆಯನ್ನು ಆಲಿಸಿರಿ.

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ಪರಲೋಕದಲ್ಲಿರುವ ನಮ್ಮ ತಂದೆಯೇ ನಿಮ್ಮ ನಾಮಕ್ಕೆ ಸ್ತೋತ್ರವಾಗಲಿ, ನಿಮ್ಮ ರಾಜ್ಯ ಬರಲಿ, ನಿಮ್ಮ ಚಿತ್ತ ಪರಲೋಕದಲ್ಲಿ ನೆರವೇರುವ ಪ್ರಕಾರ ಭೂಲೋಕದಲ್ಲಿಯೂ ನೆರವೇರಲಿ, ನಮ್ಮ ಅನುದಿನದ ಆಹಾರವನ್ನು ಇಂದು ನಮಗೆ ಕೊಡಿರಿ. ನಮಗೆ ತಪ್ಪು ಮಾಡಿದವರನ್ನು ನಾವು ಕ್ಷಮಿಸುವ ಪ್ರಕಾರ ನಮ್ಮ ಪಾಪಗಳನ್ನು ಕ್ಷಮಿಸಿರಿ. ನಮ್ಮನ್ನು ಶೋಧನೆಗೆ ಒಳಪಡಿಸದೆ ಕೇಡಿನಿಂದ ನಮ್ಮನ್ನು ರಕ್ಷಿಸಿರಿ.

## INTRODUCTION

MANASA, founded by the Catholic Sabha, Mangalore Pradesh (now divided into Udupi and Mangalore Pradesh) and run by Board of Trustees is a Rehabilitation and Training Centre for intellectually disabled children. It is situated at Pamboor, Padubelle which is a village in the Udupi District of Karnataka State in India. The Centre, inaugurated on 14-11-1997, has undertaken the onerous task of rehabilitating the specially abled children by giving them suitable training to become the productive assets of their families in particular and the society at large. The founding fathers of the Centre who saw the miserable condition of these children – some of whom did not have even the basic toilet skills – and the despair of their parents, came forward to launch this much needed project. Thanks to their relentless efforts and the dedicated service of the staff, the Centre has, over the past twenty eight years of its fruitful existence, made many intellectually disabled child get into the mainstream of the society as income generating assets to their parents.

The Centre admits children in the age-group of 6 to 18 years irrespective of caste, religion, colour and creed and keeps them till 25 years. At present there are 130 children on Rolls hailing from different districts of Karnataka and those of Goa and Maharashtra. Of these 68 are staying in the hostel and are given special care. The children are divided into 18 classes according to their intellectual abilities and they are given training in the basic life skills so as to make them independent in their day-to-day life in addition to the vocational training in tailoring, book binding, candles, carry bags, envelopes and other handicrafts. Manasa Special School has tied up with AMBA, Bangalore for “Alternative Education for Adults” with severe to moderate intellectual disabilities and established a computer data entry training centre. The children are also given yoga practice daily along with the basic education. A team of 45 dedicated staff with Sr. Vinny Gonsalves as the Principal and Sr. Mary Beck as Warden strives hard to achieve the desired goals. Arrangements are also made for the regular visits of doctors, speech therapists, occupational therapists. Physio therapists from K.M.C. hospital, Manipal to cater to the health needs of the children.

The Centre has many achievements to its credit in the field of sports and games. Seven of our students participated in the “World Special Olympics” and won 7 medals for India in different events (four gold, two silver and one bronze). Every year selected students are sent to participate in the State and National level sports and

games and they bought laurels to our Centre by winning different places. The Centre has won many National & State level awards for the yeomen services rendered to special children of our society.

**VISION: “Create a better world around us and provide training for a respectful co-existence of neglected ones”**

**MISSION: Facilitate the special children towards a happy and self reliant life , by creating conducive conditions, through education, training, employment opportunity, welfare and social security**

**Objectives:**

1. To provide early identification, intervention and interaction service for young intellectually disabled children, so that optimum benefit of utilization of capabilities and opportunities may accrue to these children.
2. To impart basic education to intellectually disabled children and to rehabilitate these through appropriate training directed towards the goal of enabling them to lead as an independent life as possible.
3. To promote the ability in children with intellectual handicap through income generating and remuneration activity and employment.
4. To work for prevention of intellectual handicap through parental education and proper child care.
5. To provide all the help to the persons of organizations who take up the work that will help the intellectual disabled children to lead a normal life just like other normal children in the society.

**Programme Details:**

- \* Early identification / Intervention
- \* Basic education / Physio therapy \* Speech therapy
- \* Occupational therapy
- \* Vocational training \* Parental awareness

**Special Features of the School**

1. The School and Hostel premises constructed on a land measuring 3.60 acres and owned by the Trust.
2. The School and Hostel premises are surrounded by ample open space, vast playground and garden.
3. Situated away from city crowds with serene rural environment and full of greenery.

4. The school is well equipped with modern teaching materials and has dedicated, trained and qualified staff.
5. Doctors, Speech therapists, Occupational therapists and Physio therapists visit the school regularly from K.M.C. Hospital, Manipal.
6. Keeping in view the needs of special children, apart from academic skills, co-curricular activity is followed everyday viz. Yoga, P.T., School Band, Music & cultural activities, Gardening, Catechism/Moral, Craft classes etc.
7. Vocational Training in Tailoring, Computer data entry, Carry bags, Book binding, crafts, candle making, envelope making etc. is being taught as per individual child's skill level.
8. For day scholars Bus facility available in the predetermined route.
9. Hostel facility is available for non local children. The following facilities are available at the Hostel.
  - (a) Separate furnished dormitories for Boys and Girls. Two sections each for Junior and Seniors.
  - (b) Vast Dining Hall with attached well maintained kitchen.
  - (c) Adequate number of helpers/care takers and hygiene workers available 24X7 every day.
  - (d) Indoor games viz. table tennis, carom, snake & ladder , puzzles and outdoor games viz. Volleyball, Shuttle Cock, Cricket, Throw ball, Foot ball, Children's Park, Swing etc.
  - (e) Entertainment: T.V., music system, CD player, singing and cultural program.
  - (f) National and local festivals are celebrated with the help of sponsors.
  - (g) Services of trained warden is available to take care minor illness.
  - (h) Separate Hostel Vehicle is also available in case of medical emergency to shift to hospital.
  - (i) Visit of Voluntary Service organisations entertained.

### **General Information for Admission**

1. Intellectually Disabled Children of both sex aged between 6 to 18 years irrespective of caste, religion are admitted and trained up to 25 years of age.
2. At the time of admission along with the application following documents are required.

- \* Address Proof, Disability Certificate / UDID Card
  - \* Ration Card / Aadhar Card      \* Date of Birth Proof
  - \* I. Q. Certificate    \* Photograph (8 Copies )
  - \* Transfer Certificate (If the child is transferred from any other school)
  - \* Caste Certificate (If belongs to SC/ST group)
4. School begins on 1<sup>st</sup> June every year. (Exact dates will be displayed in the notice Board)
  5. Admissions / Re admissions in April / May every year.
  6. Hostel Check-in on 31<sup>st</sup> May before 4.00 p.m.
  7. All hostel children to be taken home during April-May and October holidays
  8. Bus facilities are available on the predetermined routes on first come first serve basis.
  9. Guardians/legal guardians are required to give an affidavit

### **School Regulations (Rules)**

1. Admission is through the formal printed application form only.
2. Students should follow the rules and regulations given in the school diary as well as issued by the school authorities periodically.
3. Every student should attend the classes. For any reason if they come late or absent to the school, they should indicate the reason for late coming/absents and before the beginning of the class, students should show the leave note to their class teachers. Permission should be obtained from the class teacher in case the student wants to leave early from the class.
4. When the student is absent due to prolonged illness for more than 3 days, the parent must inform the school authorities. Absence due to illness should be supported with evidence such as doctor's certificate.
5. If a student is suffering from any contagious disease such as chicken fox, measles, conjunctivitis etc., the parents are requested not to send the child to school until it is completely cured.

6. When the student is absent, the parent must write in the leave record in the school diary.
7. Students should compulsorily participate in the school assembly. While going to attend the assembly or any other classes as well as other school programs students should observe silence and walk in lines.
8. During the school assembly as well as other programs the student should follow the instructions and observe strict discipline.
9. The parents, guardians or others should not meet their children ward during school hours in the school premises without the permission of the Principal.
10. During the school hours including lunch recess no one is permitted to go out of the campus. For unforeseen reasons if a student is required to go out of the campus, the permission of the principal/class teacher must be obtained.
11. Students should carry the school Identity Cards and School Dairy/Calendar every day while coming to school.
12. The students should wear uniform and ID cards from Monday to Friday. Colour Dress and ID cards on Saturday or any specify day. While stitching the uniform they should follow the instructions of the school.
13. Students should pay extra attention to punctuality and discipline and give more importance to cleanliness and sanitation.
14. It is mandatory that the students should put in 75% attendance.
15. Letters of any intimation sent to parents must be properly responded to. Parents when summoned to the school must understand that there is something very important to be discussed with them.
16. Parents and guardians are recommended to contact the class teacher at least once in each term to ascertain with the school authorities that the conduct and progress of the student is satisfactory.
17. Parents are requested to write the child's name and class on his/her belongings such as water bottle, Tiffin carrier, umbrella etc.

18. Parents must avoid criticizing any teacher/School/Management in the public. Communicate with the Management in writing if you have any genuine grievance.
19. Parents must see the Progress Records of their children and help them to rectify their defects as regards the study and conduct.
20. Parents, Staff and students are strictly prohibited from speaking to media with regards to school affairs.
21. Parents are requested to refer to the School diary regularly; else it will fail in its purpose.
22. Home is the first school for children, and the second is the school itself. A child is shaped by both. The healthier the co operation between the two, the more fruitful will be the efforts. Therefore, Parent's whole hearted cooperation is expected in these matters to maintain Discipline and Decorum.

### **School Bus:**

1. For day scholars Bus facility is available in the predetermined route on first come first serve basis.
2. Parents/Students shall not attempt to stop the busses in any other place other than their own designated stops. In such cases written permission from the Principal is must.
3. Parents of small children shall accompany the child and help the child board the bus in the morning, and receive the child by waiting on the left side (door side) of the road in the evening. This is very important because small children lack knowledge of traffic rules. They have a tendency to run and cross the road in a hurry as soon as they get off the bus. Therefore , parents are requested to come and hold the child when they get off the bus and cross the road only after the school bus has left the bus stop.
4. Parents are requested to educate their children constantly about the basics of traffic rules and show them the right example when using the road.

### **Training Methodology:**

The children are grouped in 7 divisions

- |  |                         |                 |
|--|-------------------------|-----------------|
| (i) Pre-Primary                            | (ii) Primary            | (iii) Secondary |
| (iv) Vocational                            | (v) Computer Data Entry | (vi) Autism     |
| vii) Autism Early Intervention Unit (AEIU) |                         |                 |

as per their age and I.Q.level. Each class consists of 7 students. Syllabus according to NIEPID Secunderabad has been followed. Every Quarter Progress of child is recorded. A separate Time Table is drawn to take care of special education, Speech Therapy, Physiotherapy, Occupational Therapy, Vocational Training, Yoga, Music and Dance, Sports, Gardening, crafts, drawing, Moral Science etc.

### **Outstanding Achievements:**

- 31 Students successfully completed S.S.L.C. exam in the normal State syllabus
- More than 30 Students are placed with Jobs at various centres.
- 7 students have participated in “World Special Olympics” and won 4 gold, 2 silver & 1 bronze medals for India
- 800 students trained in the last 26 years
- Manasa has won many awards from State, National & international organisations for the outstanding service rendered to specially abled children of our society.

Manasa is at the cross roads of its journey and looks ahead to serve the needs of the intellectual disabled children with renewed zeal and enthusiasm. It intends to make use of the experience gained over the last twenty eight years and the good will of the people to grow further and be marked among the finest institutions serving our special children.

### **Manasa Computer Data Entry Section**

In order to overcome the limitations of employability, Manasa has tied up with AMBA, Bangalore for “Alternative Education for adults with moderate to severe Intellectual Disabilities”. AMBA has evolved a scalable livelihood solution for intellectually disabled community using Information & Communications Technology (ICT) and peer driven process. AMBA’s scaling model facilitates the special schools to involve into hubs for learning and earning, using existing infrastructure, administration and trainers keeping overheads to a minimum.

From 1st of June 2017 Manasa Special School has become AMBA Certified Partner Centre (ACPC). Manasa has established a computer training center with all the facilities. The selected children are being trained using AMBA curriculum. Different stages of training and their efficiency is tracked by monitoring staff from AMBA Core Centre at Bangalore. The curriculum throughout the learning process

does not teach computer literacy but encourages each individual to use the computer as a tool to do visual data entry. The process also encourages mainstream standards of accuracy, accountability and meeting time frame. Empathy and sympathy can get them the job but efficiency will help them keep the job.

### **Manasa Autism Centre**

As a part of Manasa Silver Jubilee Celebration a separate Manasa Autism Centre Building was inaugurated on 31.05.2022 by Most Rev. Dr. Gerald Isaac Lobo, Bishop of Udupi Diocese. The Centre is fully furnished and equipped to give necessary therapy and training to the Autistic Children. In the academic year 2024-25 Manasa Autism Centre had 38 students with 5 trained teachers 4 support staff, Physiotherapist, Speech Therapist and a Special Educator cum counsellor on regular basis.

Manasa Centre has entered into a MOU with MAHE University, Manipal and as per the MOU, MAHE is supporting in the areas of Pysio Therapy, Occupational Therapy and Speech Therapy. Accordingly professionals/students visit Manasa in groups and give their services to our students. In each of these areas an “Individual Education Plan” (IEP) for each child is drawn on the basis of the assessment/recommendation of Clinical Psychologist at the beginning of each academic year.

M/s. Ishaanya India Foundation, Bangaluru , a renowned Autism Training Institute is our Technical Partner for furnishing/Equipping and Training of teachers of Manasa Autism Centre. The Technical Team of M/s. Ishaanya India Foundation headed by Mrs. Swathi Vellal Raghunandan, visited Manasa twice during the year 2022-23 and submitted detailed project report for implementation.

As a part of Training Curriculum to involve Parents of Autistic students we have formed a Autism students Parent Teachers Association. A separate Whats App group is created to exchange ideas/information and formed Volunteer Groups to visit the Centre on rotation basis. This will help the Parents to learn various therapy procedures and also help the students in their “one to one” training plan.

Manasa Autism Centre is having well equipped therapy rooms and also one to one therapy rooms. We have created an Audio Visual facility to communicate various activities for improvement of eye contact. We have already established a open as well as covered Play Area and Sensory Path to improve the behavioral issues identified in the assessment.

Manasa Autism Centre is established “Early Intervention Unit” for the identified autistic children in the age group of 3 to 6 years and also have plans to increase the number of classes.

### **Azim Premji Foundation, Bengaluru**

Manasa is pleased to inform that the Centre has entered into an agreement with Azim Premji Foundation (APF), Bengaluru for undertaking a project viz ‘Strengthening and Expansion of Manasa Autism Centre’. The agreement is for three years initially, beginning from January 2025 till December 2027. As per the agreement, APF will support Specialists staff appointed for the purpose. Accordingly, we have already appointed a fulltime Project Coordinator, Speech Therapist, Physiotherapist, Special Educator/Counsellor and helpers. The Centre is in the process of appointing Clinical Psychologist, Occupational Therapist and two more Special Educators.

Manasa Autism Centre has already started Early Intervention Unit (EIU) with three children. In the previous academic year the total strength of Manasa Autism Centre has increased to 38. This academic year onwards the Centre is planning to increase the strength in EIU and also in other Autism Classes. We may state here that Manasa Autism Centre is one of its kind in the district equipped with Modern Teaching /Therapy Equipments to provide one of the best trainings/therapies for our Autistic students. The Centre has also planes to reduce the teacher student ratio from 1:7 to 1:5.

### **Skill Development Section**

To impart practical knowledge to students above 16 years of age we have established a “Skill Development Section” during the academic year 2023-24. In this section we are training eligible students, various concepts viz. time, money, measurements (weight/length/distance) and business skills. A fully furnished Lab/Workshop facility created in house.

### **Health Checkup Section**

During the academic year 2023-24 a health check up facility is established under the guidance and support of our Founder President Dr Edward Lobo. A fully equipped and furnished Clinic is established adjacent to the Trust Office. Our Physician visits School

on pre determined dates and conducts regular health check up of all students and records his findings along with his remarks. This information is kept in the Medical File of the School.

Physician also attends emergency calls from School/Hostel and prescribes medication and suggests further treatment if needed. The School also conducts Medical Camps viz. Dental, Eye, General Health Check up depending upon the needs.

### **Grievances Redressal Committee**

A Grievances Redressal Committee has been constituted and it consists of following members:

1. Managing Trustee
2. Principal
3. President - Parent Teachers Association
4. Gerald Pinto, Trustee
5. Mr John Martis, Trustee

### **Guidelines:**

1. Whenever any complaint arises from Parents/Guardians on the treatment of their wards in the School/Hostel, the respective Class Teacher has to attend it first.
2. If the Parents/Guardians are not satisfied on the redress of the complaint by the class teacher the matter has to be escalated to the Principal. Principal would put in every effort to resolve the complaint to the satisfaction of the Parents/Guardians.
3. If the complaint is not resolved even at the Principal's level, the matter has to be referred to the Grievances Redressal Committee at the Management Level (Managing Trustee) in writing by the Principal.
4. The Managing Trustee would call a meeting of the committee and also invite aggrieved party to the meeting.
5. The decision of the committee would be final and binding all the parties.

### **CHILD PROTECTION POLICY**

Manasa Rehabilitation and Training Centre ( MRTC) has adopted Government Child Protection Policy (CPP) with the following broad objectives :

1. To create robust, child – centric and effective child protection policy to its educational institutions.

2. To build the capacity of institutions, law enforcement and care givers to provide effective and child friendly care and protection.
3. To allocate adequate resources and monitor their effective utilization.
4. The primary focus of the MRTC child protection policy lies on prevention of any form of violation of the right of children.
5. MRTC is committed towards creating and preserving a robust safety net around every child.

The management has constituted POCSO/POSH committee to implement and monitor/ review the guidelines formulated by the government. The following are the members who are nominated to the committee.

- |   |               |
|---|---------------|
| 1. Sr. Vinny Gonsalves, Principal           | - Chairperson |
| 2. Mrs. Muriel Premalatha, Vice Principal   | - Member      |
| 3. Mr. Henry Menezes, Managing Trustee      | - Member      |
| 4. Sr. Mary Beck, Warden                    | - Member      |
| 5. Mrs. Sumana, Special Educator/ Counselor | - Member      |
| 6. Mrs. Seema Shetty, Autism PTA President  | - Member      |
| 7. Dr. Rohith Kunder, PTA Vice President    | - Member      |

**The designated member shall promote**

- Child Protection ethos in the school.
- Develop and update the school's Child Protection Policy regularly.
- Ensure parents receive a copy of Child Protection Policy every two years.
- Provide training to all school staff including support staff regarding Child Protection.
- Be available to discuss Child Protection concerns of any member of staff.
- Be responsible for record keeping all Child Protection concerns and maintain all records in a secure location.
- Make referrals to the school's designated counselor.

**ಮಾನಸ ಪುನರ್ವಸತಿ ಮತ್ತು ತರಬೇತಿ ಕೇಂದ್ರಕ್ಕೆ ಸೇರುವ ಮಕ್ಕಳು  
ಹಾಗೂ ಹೆತ್ತವರು ಪಾಲಿಸಬೇಕಾದ ನಿಯಮ - ನಿಬಂಧನೆಗಳು**

1. 6 ರಿಂದ 25ವರ್ಷ ಪ್ರಾಯದ ಗಂಡು ಯಾ ಹೆಣ್ಣು ಮಕ್ಕಳಿಗೆ ಜಾತಿ ಮತ ಭೇದವಿಲ್ಲದೆ ಎಲ್ಲರಿಗೂ ಮುಕ್ತ ಅವಕಾಶ ಇದೆ.
2. ವಿಶೇಷ ಮಕ್ಕಳ ಬುದ್ಧಿಶಕ್ತಿ ಸಾಮರ್ಥ್ಯದ ವೈದ್ಯಕೀಯ ಪರೀಕ್ಷೆಯ ನಂತರವೇ ಮಕ್ಕಳನ್ನು ಶಾಲೆಗೆ ಸೇರಿಸಲಾಗುವುದು.
3. ಹೊಸತಾಗಿ ಸೇರಿಸುವಾಗ ಈ ಕೆಳಗಿನ ದಾಖಲೆ ಪತ್ರಗಳನ್ನು ನೀಡತಕ್ಕದ್ದು.
  - ವಿಳಾಸ ಪುರಾವೆ (ವಾಸ್ತವ್ಯ ದೃಢೀಕರಣ ಪತ್ರ)
  - ಅಂಗವಿಕಲರ ಗುರುತಿನ ಚೀಟಿ /UDID
  - ಪಡಿತರ ಚೀಟಿ ( Ration Card )
  - ಆಧಾರ್ ಚೀಟಿ / (Adhar Card)
  - ಜನ್ಮ ದಿನಾಂಕ ದಾಖಲೆ ಪತ್ರ
  - I.Q. Certificate
  - ಜಾತಿ ಪ್ರಮಾಣ ಪತ್ರ (SC/ST Caste Certificate)ಆದಾಯ ಪ್ರಮಾಣ ಪತ್ರ (Income Certificate)
  - T.C.Certificate(ವರ್ಗಾವಣೆ ದಾಖಲೆ ಪತ್ರ)
  - Photographs-(ಭಾವ ಚಿತ್ರ)-8 ಪ್ರತಿ ಪಾಸ್‌ಪೋರ್ಟ್ ಮತ್ತು ಸ್ಟಾಂಪ್ size
  - ಬ್ಯಾಂಕ್ ಪಾಸ್ ಪುಸ್ತಕ
  - ಅಂಗವಿಕಲತೆ ನ್ಯೂನತೆ ಪತ್ರ
  - ಹೆತ್ತವರ ಅಧಾರ್ ಚೀಟಿ
4. ಗಂಭೀರ ಕಾಯಿಲೆಗಳಿರುವ ಮಕ್ಕಳನ್ನು ಶಾಲೆಗೆ ಸೇರಿಸಿಕೊಳ್ಳಲಾಗುವುದಿಲ್ಲ.
5. ಸಾಮಾನ್ಯ ಶಾಲೆಗಳಂತೆಯೇ ಈ ಶಾಲೆಯೂ ಕೂಡ ಜೂನ್ 1ನೇ ತಾರೀಖಿನಿಂದ ಪ್ರಾರಂಭವಾಗುವುದು.
6. ವಸತಿ ನಿಲಯದಲ್ಲಿ ನಿಲ್ಲುವ ಮಕ್ಕಳಿಗೆ, ಮೇ ತಿಂಗಳ ತಾರೀಖು 31ರಂದೇ ಸಂಜೆ 4 ಗಂಟೆಯ ಒಳಗೆ ಬಂದು ಸೇರಿಸತಕ್ಕದ್ದು.
7. ವಸತಿ ಗೃಹದಲ್ಲಿರುವ ಮಕ್ಕಳ ಹೆತ್ತವರು ತಮ್ಮ ಮಕ್ಕಳನ್ನು ಎಪ್ರಿಲ್ - ಮೇ ಹಾಗೂ ಆಕ್ಟೋಬರ್ ತಿಂಗಳ ರಜೆಯಲ್ಲಿ ತಮ್ಮ ಮನೆಗಳಿಗೆ ಕಡ್ಡಾಯವಾಗಿ ಕರೆದುಕೊಂಡು ಹೋಗತಕ್ಕದ್ದು.
8. ದಿನಾಲೂ ಶಾಲೆಗೆ ಬಂದು ಹೋಗುವ ಮಕ್ಕಳಿಗೆ ಮೊದಲೇ ನಿರ್ಧರಿಸಿದ ಸ್ಥಳಗಳಿಂದ ವಾಹನದ ವ್ಯವಸ್ಥೆಯನ್ನು ಮಾಡಲಾಗಿದೆ.

9. ದಿನಾಲೂ ಶಾಲೆಗೆ ಬಂದು ಹೋಗುವ ಮಕ್ಕಳಿಗೆ ಅವರ ಮಧ್ಯಾಹ್ನದ ಊಟದ ವ್ಯವಸ್ಥೆಯನ್ನು ಕಲ್ಪಿಸಲಾಗಿದೆ.
10. ಸಂಸ್ಥೆಯಲ್ಲಿ ಕಲಿಯುವ ಎಲ್ಲಾ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಪೂರ್ವಾಹ್ನ 11.00 ಗಂಟೆಗೆ ಕ್ಷೀರಭಾಗ್ಯವನ್ನು ಕಲ್ಪಿಸಲಾಗಿದೆ.
11. ಮಕ್ಕಳಿಗೆ ಅಪಘಾತ ಅಥವಾ ಗಂಭೀರ ಕಾಯಿಲೆ ಮುಂತಾದ ಸಂಭಾವ್ಯ ತುರ್ತು ಸಂದರ್ಭಗಳಲ್ಲಿ ಆಗುವ ವೈದ್ಯಕೀಯ ವೆಚ್ಚವನ್ನು ಮಕ್ಕಳ ಹೆತ್ತವರೇ ಭರಿಸತಕ್ಕದ್ದು. ಒಂದು ವೇಳೆ ಮಕ್ಕಳ ಪ್ರಾಣಕ್ಕೆ ಅಪಾಯ ಬಂದೊದಗಿದಲ್ಲಿ ಮಾನಸ ಪುನರ್ವಸತಿ ಮತ್ತು ತರಬೇತಿ ಕೇಂದ್ರವು ಇದಕ್ಕೆ ಜವಾಬ್ದಾರರಲ್ಲ.
12. ಶಾಲಾ ಪ್ರಾಂಶುಪಾಲರ ಅಥವಾ ವಾರ್ಡನರ ಒಪ್ಪಿಗೆ ಇಲ್ಲದೆ ಮಕ್ಕಳು ಶಾಲಾ ವಠಾರದಿಂದ ಹೊರಗೆ ಹೋಗಲು ಅವಕಾಶವಿಲ್ಲ.
13. ಸಾಮಾನ್ಯ ಊಟದ ವ್ಯವಸ್ಥೆಯೇ ಎಲ್ಲಾ ಮಕ್ಕಳಿಗೂ ಅನ್ವಯಿಸುವುದು.
14. ಮಕ್ಕಳ ಕಾಯಿಲೆಗೆ ಒಳಗಾದ ಸಂದರ್ಭಗಳಲ್ಲಿ ತುರ್ತು ವೈದ್ಯಕೀಯ ನೆರವನ್ನು ನೀಡಲಾಗುವುದು.
15. ನಿಯಮಿತವಾಗಿ ರಕ್ಷಕ - ಶಿಕ್ಷಕ ಸಂಘದ ಸಭೆಯನ್ನು ಜರುಗಿಸಲಾಗುವುದು. ಅಲ್ಲಿ ಮಕ್ಕಳ ಪ್ರಗತಿಯ ಬಗ್ಗೆ ಚರ್ಚಿಸಲು ಮುಕ್ತ ಅವಕಾಶವಿರುವುದು.
16. ವಾರದಲ್ಲಿ ಮೊದಲು ನಿರ್ಧರಿಸಿದ ದಿನಗಳಲ್ಲಿ ಕಸ್ತೂರ್ಬಾ ಮೆಡಿಕಲ್ ಕಾಲೇಜು, ಮಣಿಪಾಲದ ವೈದ್ಯರು ನಮ್ಮ ಸಂಸ್ಥೆಗೆ ಬಂದು ಮಕ್ಕಳಿಗೆ ಅಗತ್ಯವಿದ್ದ ಫಿಸಿಯೋಥೆರಪಿ, ಆಕ್ಯುಪೇಶನಲ್, ಸ್ಪೀಚ್ ಥೆರಪಿಯನ್ನು ನೀಡುವರು. ನಮ್ಮ ಶಾಲೆಯಲ್ಲಿ ಫಿಸಿಯೋಥೆರಪಿ, ಸ್ಪೀಚ್ ಥೆರಪಿಸ್ಟ್‌ರವರನ್ನು ನೇಮಕ ಮಾಡಲಾಗಿದೆ.
17. ಪೋಷಕರಿಗೆ ಹಾಗೂ ಮಕ್ಕಳಿಗೆ ನೆರವಾಗಲು ಅಪ್ಪ ಸಮಾಲೋಚಕರನ್ನು ನೇಮಕ ಮಾಡಲಾಗಿದೆ.
18. ಹೆತ್ತವರಿಗೆ ತಮ್ಮ ವಿಶೇಷ ಮಕ್ಕಳ ಪಾಲನೆ ಪೋಷಣೆ ಬಗ್ಗೆ ತಿಳಿದುಕೊಳ್ಳುವ ಸಲುವಾಗಿ ಶೈಕ್ಷಣಿಕ ಸೆಮಿನಾರ್‌ಗಳನ್ನು ನಡೆಸಲಾಗುವುದು.
19. ಮಕ್ಕಳ ಪಠ್ಯಕ್ರಮದ ಜೊತೆಗೆ ಪರ್ಯೇತರ ಚಟುವಟಿಕೆಗಳಾದ ತೋಟಗಾರಿಕೆ, ವ್ರತ್ತಿಪರ ಶಿಕ್ಷಣ, ಅಟೋಟಿ ತರಬೇತಿಯನ್ನು ನೀಡಲಾಗುವುದು.
20. ಮಕ್ಕಳ ಹೆತ್ತವರು ಯಾ ರಕ್ಷಕರಿಂದ ಶಾಲೆಗೆ ದೇಣಿಗೆ (ಸಹಾಯಧನವನ್ನು) ಕೃತಜ್ಞತೆಯಿಂದ ಸ್ವೀಕರಿಸಲಾಗುವುದು. ದೇಣಿಗೆಯನ್ನು ಆಫೀಸಿನಲ್ಲಿ ಕೆಲಸದ ವೇಳೆಯಲ್ಲಿ ಪಾವತಿಸಿ ರಶೀದಿಯನ್ನು ಪಡೆದು ಕೊಳ್ಳತಕ್ಕದ್ದು. ದೇಣಿಗೆಗೆ 80G ಪ್ರಕಾರ ಕರವಿನಾಯಿತಿ ಸಿಗುವುದು.
21. ಶಾಲಾ ಪ್ರವೇಶ ಪ್ರಕ್ರಿಯೆಯು ಜನವರಿಯಿಂದ ಪ್ರಾರಂಭಗೊಳ್ಳುವುದು.  
ನಾನು ಈ ನಿಯಮಗಳನ್ನು ಓದಿದ್ದೇನೆ ಹಾಗೂ ಅವುಗಳನ್ನು ಪಾಲಿಸಲು ನನ್ನ ಸಂಪೂರ್ಣ ಸಹಕಾರವನ್ನು ನೀಡುತ್ತೇನೆ.

ದಿನಾಂಕ:

ಹೆತ್ತವರ / ಪೋಷಕರ ಹೆಸರು ಮತ್ತು ಸಹಿ

## SCHOOL TIMINGS

Detail	Timings
Prayer, Assembly & Yoga (General Assembly on Monday)	09.30 - 10.30 a.m.
1st Period	10.30 -11.15 a.m.
Tea/Snack break	11.15 - 11.30 a.m.
II Period	11.30 -12.00 p.m.
III Period	12.00 - 12.30 p.m.
Lunch Break	12.30 - 1.30 p.m.
IV Period	1.30 - 2.15 p.m.
V Period	2.15 - 3.00 p.m.
VI Period	3.00 - 3.45 p.m.
Zero Hours (Disperse)	3.45 - 4.00 p.m.
School Bus leaving (week days)	4.10 p.m.
School bus leaving (Saturday)	1.00 p.m.
Music Class- Tuesday-Friday	3.00 - 3.45 p.m.
Moral Science-Monday	3.00 - 3.45 p.m.
Computer Class-Monday Wednesday & Friday	11.30 -12.30,1.45 - 2.45, 2.45 - 3.45 p.m.
Physiotherapy- Tuesday & Friday (K.M.C.Manipal)	9.30-11.00 a.m.
Mass P.T - Saturday	10.00 - 10.30 a.m.
Speech Therapy Week Days except saturday	9.30 - 4.00 p.m.
Occupation Therapy, KMC Manipal Doctors Visit - Tuesday	10.00 - 11.15 a.m.
Music Classes - Saturday (Hostel)	4.00 - 5.30 p.m.
Key Board Training - Sunday (Hostel)	4.00 - 5.30 p.m.

## PATRON / SPIRITUAL DIRECTOR

S.No	Name	Designation/Position
1	Most Rev. Dr Gerald Isaac Lobo	Patron (Bishop of Udupi Diocese)
2	Most Rev. Dr Peter Paul Saldanha	Patron (Bishop of Mangalore Diocese)
3	Msgr. Ferdinand Gonsalves	Vicar Gen. of Udupi Diocese (Catholic Sabha Udupi Pradesh Spiritual Director)
4.	Rev. Fr J.B. Saldanha	Spiritual Director (Catholic Sabha Mangalore Pradesh)

## MANAGEMENT / TRUSTEES

S.No	Name	Designation/Position
1	Mr. Henry Menezes	President
2	Mr. Santhosh D souza	1 <sup>st</sup> Vice President (Ex-Officio)
3	Mr. Ronald D almeida	2 <sup>nd</sup> Vice President (EX-Officio)
4	Mr. Joseph Noronha	Secretary
5	Dr. Gerald Pinto	Jt. Secretary
6	Mr. Elroy Kiran Crasto	Treasurer
7	Dr. Edward Lobo	Founder President/ Founder Trustee
8	Ms. Remedya D souza	Ex President, Founder Trustee
9	Dr. Thomas Quadros	Founder Trustee
10	Mr. Cyril Quadros	Founder Trustee
11	Mr. Walter D souza	Founder Trustee
12	Mr. John Martis	Founder Trustee
13	Mr. William Machado	Trustee
14	Mr. Jerald Rodrigues	Trustee (EX-Officio)

## TRUST OFFICE

S.No	Name	Qualification	Designation/Position
1	Mr. Jostin Quadros	B.Com	Accountant
2	Mrs. Sonal Dias	B.Com	Accounts Asst.
3	Mr. John Gomes	B.A.	Accounts/Office Asst.

## MANASA SPECIAL SCHOOL STAFF

S.No	Name	Qualification	Designation/Position
1	Sr. Vinny Gonsalves	M.A.Spl B.Ed	Principal
2	Mrs. Muriel Premalatha	B.A. , D.SE	Vice Principal (Comp Data Entry)
3	Mrs. Vinaya Bailoor	D.SE	Teacher
4	Mrs. Prameela Shobhavathi	B.A. , D.SE	Teacher
5	Mrs. Shashikala M. Salian	B.A. , Spl B.Ed., D.SE	Teacher
6	Mr. Shankara Moolya	D.SE	Teacher
7	Mrs. Hemalatha Kunder	B.Com , Spl B.Ed., D.SE	Teacher (Comp Data Entry)
8	Ms. Prema Karkera	B.A., D.SE	Teacher
9	Ms. Shalini Kotian	D.SE	Teacher
10	Mrs. Reena D souza	B.A., Spl. B.Ed.	Teacher
11	Mrs. Shailashree Naik	B.A., D.SE	Teacher
12	Mrs. Jyothi Sundar	B.A., Spl. B.Ed.	Teacher
13	Mrs. Shailaja Pujary	B.A., Spl. B.Ed., D.SE	Teacher
14	Mrs. Ashwini	DECSE	Teacher
15	Mrs. Avila Monis	B.Com, DECSE	Teacher
16	Mrs. Asha	B.A., D.SE	Teacher
17	Mrs. Jyothi	DECSE	Teacher
18	Mr. William Quadros	S.S.L.C.	Driver
19	Mrs. Nagamma Guruva	Non Matric	Ayah
20	Mrs. Nadiya	Non Matric	Ayah

## HOSTEL STAFF

S.No	Name	Qualification	Designation
1	Sr. Mary Beck	B.A. BEd	Warden
2	Mrs. Mariamma	S.S.L.C	Cook
3	Mrs. Shashikala	Non Matric	Cook
4	Mrs. Baby Thomas	Non Matric	Cook
5	Mrs. Lilly Correa	S.S.L.C.	Helper
6	Mr. Sundara Kapira Koraga	Non Matric	Helper
7	Mrs. Lalitha	S.S.L.C	Helper
8	Mr. Mariappa	Non Matric	Helper
9	Mrs. Saku	Non Matric	Helper
10	Mrs. Jyothi	Non Matric	Helper
11	Mrs. Manjeshwari	Non Matric	Helper
12	Mrs. Mohini	Non Matric	Helper
13	Mr Fredrick D Silva	Non Matric	Watchman

## MANASA AUTISM CENTRE

S.No	Name	Qualification	Designation
1	Mr. Joseph Anil Danthy	M.S.W. M.Phil PGDC	Programme Co-ordinator & Administrator
2	Mrs. Vidyashri	B.P.T	Physiotherapist
3	Ms. Pooja Pandith	M.Sc., S.L.P	Speech Therapist
4	Mrs. Sumana	M.S.W	Special Educator cum Councilor
5	Ms. Lisha Deona	B.A., DECSE	Special Educator
6	Mrs. Archana	PUC	Helper
7	Mr. Sukesh	Non Matric	Helper

## MAY - 2025

## JUNE - 2025

1	Tue	* May Day ಕಾರ್ಮಿಕರ ದಿನಾಚರಣೆ
2	Fri	
3	Sat	
4	Sun	*
5	Mon	
6	Tue	
7	Wed	
8	Thu	
9	Fri	
10	Sat	
11	Sun	*
12	Mon	*Budha Poornima ಬುದ್ಧ ಪೂರ್ಣಿಮೆ
13	Tue	
14	Wed	
15	Thu	
16	Fri	
17	Sat	
18	Sun	*
19	Mon	
20	Tue	
21	Wed	
22	Thu	
23	Fri	
24	Sat	
25	Sun	*
26	Mon	
27	Tue	
28	Wed	
29	Thu	School Reopens ಶಾಲಾರಂಭ
30	Fri	
31	Sat	

1	Sun	*
2	Mon	
3	Tue	
4	Wed	
5	Thu	Environment Day ಪರಿಸರ ದಿನಾಚರಣೆ
6	Fri	
7	Sat	* Bakrid ಬಕ್ರೀದ್
8	Sun	*
9	Mon	
10	Tue	
11	Wed	
12	Thu	
13	Fri	
14	Sat	
15	Sun	*
16	Mon	
17	Tue	
18	Wed	
19	Thu	
20	Fri	
21	Sat	Yoga Day ಯೋಗ ದಿನಾಚರಣೆ
22	Sun	*
23	Mon	
24	Tue	
25	Wed	
26	Thu	
27	Fri	
28	Sat	
29	Sun	*
30	Mon	

## JULY - 2025

## AUGUST - 2025

1	Tue	
2	Wed	
3	Thu	
4	Fri	
5	Sat	
6	<b>Sun</b>	* Moharam ಮೊಹರಂ
7	Mon	
8	Tue	
9	Wed	
10	Thu	
11	Fri	
12	Sat	
13	<b>Sun</b>	*
14	Mon	
15	Tue	
16	Wed	
17	Thu	
18	Fri	
19	Sat	
20	<b>Sun</b>	*
21	Mon	
22	Tue	
23	Wed	
24	Thu	
25	Fri	
26	Sat	
27	<b>Sun</b>	*
28	Mon	1st Qtr. Exam
29	Tue	
30	Wed	
31	Thu	

1	Fri	
2	Sat	
3	<b>Sun</b>	*
4	Mon	
5	Tue	
6	Wed	
7	Thu	
8	Fri	
9	Sat	Raksha Bhandan ರಕ್ಕಾ ಬಂಧನ
10	<b>Sun</b>	*
11	Mon	
12	Tue	
13	Wed	
14	Thu	
15	Fri	Independence Day ಸ್ವಾತಂತ್ರ್ಯ ದಿನಾಚರಣೆ
16	Sat	* Sri Krishna Janmastami ಶ್ರೀ ಕೃಷ್ಣ ಜನ್ಮಾಷ್ಟಮಿ
17	<b>Sun</b>	*
18	Mon	
19	Tue	
20	Wed	
21	Thu	
22	Fri	
23	Sat	
24	<b>Sun</b>	*
25	Mon	
26	Tue	
27	Wed	Ganesha Chaturdashi ಗಣೇಶ ಚತುರ್ಥಿ
28	Thu	
29	Fri	
30	Sat	
31	<b>Sun</b>	*

## SEPTEMBER - 2025

## OCTOBER - 2025

1	Mon	
2	Tue	
3	Wed	
4	Thu	
5	Fri	Teacher's Day ಶಿಕ್ಷಕರ ದಿನಾಚರಣೆ
6	Sat	
7	Sun	
8	Mon	* Nativity of BVM ಕನ್ಯಾ ಮರಿಯಮ್ಮ ಜಯಂತಿ
9	Tue	
10	Wed	
11	Thu	
12	Fri	
13	Sat	
14	Sun	*
15	Mon	
16	Tue	
17	Wed	
18	Thu	
19	Fri	
20	Sat	
21	Sun	* Mahalaya Amavasye ಮಹಾಲಯ ಅಮಾವಾಸ್ಯೆ
22	Mon	Mid Term Exam ಅರ್ಧ ವಾರ್ಷಿಕ ಪರೀಕ್ಷೆ
23	Tue	
24	Wed	
25	Thu	
26	Fri	
27	Sat	
28	Sun	*
29	Mon	
30	Thu	

1	Wed	* Ayudha Pooja, Mahanavami, Vijayadashami ವಿಜಯದಶಮಿ ಆಯುಧಪೂಜೆ, ಮಹಾನವಮಿ
2	Thu	* Gandhi Jayanthi ಗಾಂಧೀ ಜಯಂತಿ
3	Fri	
4	Sat	
5	Sun	*
6	Mon	
7	Tue	* Valmiki Jayanthi ವಾಲ್ಮೀಕಿ ಜಯಂತಿ
8	Wed	
9	Thu	
10	Fri	
11	Sat	
12	Sun	
13	Mon	
14	Tue	
15	Wed	
16	Thu	
17	Fri	
18	Sat	
19	Sun	*
20	Mon	* Naraka Chaturdashi ನರಕ ಚತುರ್ದಶಿ
21	Tue	
22	Wed	* Balipadyami ಬಲಿಪಾಡ್ಯಮಿ
23	Thu	
24	Fri	
25	Sat	
26	Sun	*
27	Mon	
28	Tue	
29	Wed	
30	Thu	
31	Fri	

## NOVEMBER - 2025

## DECEMBER - 2025

1	Sat	* Karnataka Rajyotsava ಕರ್ನಾಟಕ ರಾಜ್ಯೋತ್ಸವ	1	Mon	
2	Sun	*	2	Tue	
3	Mon		3	Wed	World Disable Day ವಿಶ್ವ ಅಂಗವಿಕಲರ ದಿನಾಚರಣೆ
4	Tue		4	Thu	
5	Wed	* Gurunanak Jayanthi ಗುರುನಾನಕ್ ಜಯಂತಿ	5	Fri	
6	Thu		6	Sat	
7	Fri		7	Sun	*
8	Sat	* Kankadasa Jayanthi ಕನಕದಾಸ ಜಯಂತಿ	8	Mon	
9	Sun	*	9	Tue	
10	Mon		10	Wed	
11	Tue		11	Thu	
12	Wed		12	Fri	
13	Thu		13	Sat	
14	Fri	* Children's Day Founders Day ಮಕ್ಕಳ ದಿನಾಚರಣೆ, ಸಂಸ್ಥಾಪಕರ ದಿನಾಚರಣೆ	14	Sun	*
15	Sat		15	Mon	
16	Sun	*	16	Tue	
17	Mon		17	Wed	
18	Tue		18	Thu	
19	Wed		19	Fri	
20	Thu		20	Sat	
21	Fri		21	Sun	*
22	Sat		22	Mon	
23	Sun	*	23	Tue	
24	Mon		24	Wed	* Christmas Holiday ಕ್ರಿಸ್ಮಸ್ ರಜಾರಂಭ
25	Tue		25	Thu	* Christmas ಕ್ರಿಸ್ಮಸ್
26	Wed		26	Fri	
27	Thu		27	Sat	
28	Fri		28	Sun	*
29	Sat		29	Mon	
30	Sun	*	30	Tue	
			31	Wed	

## JANUARY 2026

## FEBRUARY 2026

1	Thu	New Year's Day ಹೊಸ ವರ್ಷಾರಂಭ	1	Sun	*
2	Fri		2	Mon	
3	Sat		3	Tue	
4	Sun	*	4	Wed	
5	Mon		5	Thu	
6	Tue		6	Fri	
7	Wed		7	Sat	
8	Thu		8	Sun	*
9	Fri		9	Mon	
10	Sat		10	Tue	
11	Sun	*	11	Wed	
12	Mon		12	Thu	
13	Tue		13	Fri	
14	Wed	* Makara Sankramana ಮಕರ ಸಂಕ್ರಮಣ	14	Sat	
15	Thu		15	Sun	* Maha Shivarathri ಮಹಾಶಿವರಾತ್ರಿ
16	Fri		16	Mon	
17	Sat		17	Tue	
18	Sun	*	18	Wed	
19	Mon		19	Thu	
20	Tue	2nd Qtr. Exam 2ನೇ ಕಿರುಪರೀಕ್ಷೆ	20	Fri	
21	Wed		21	Sat	
22	Thu		22	Sun	*
23	Fri		23	Mon	
24	Sat		24	Tue	
25	Sun	*	25	Wed	
26	Mon	* Republic Day ಗಣರಾಜ್ಯೋತ್ಸವ	26	Thu	
27	Tue		27	Fri	
28	Wed		28	Sat	
29	Thu				
30	Fri				
31	Sat				

## MARCH 2026

## ARPIL 2026

1	Sun	*
2	Mon	
3	Tue	Holy ಹೋಳಿ ಹಬ್ಬ
4	Wed	
5	Thu	
6	Fri	
7	Sat	
8	Sun	*
9	Mon	
10	Tue	
11	Wed	
12	Thu	
13	Fri	
14	Sat	
15	Sun	*
16	Mon	Annual Exam ವಾರ್ಷಿಕ ಪರೀಕ್ಷೆ
17	Tue	
18	Wed	
19	Thu	
20	Fri	
21	Sat	Ed-UI-Fitar ಇದ್-ಉಲ್-ಫಿತ್ರ್
22	Sun	*
23	Mon	
24	Tue	
25	Wed	
26	Thu	
27	Fri	
28	Sat	
29	Sun	
30	Mon	
31	Tue	* Mahaveera Jayanthi ಮಹಾವೀರ ಜಯಂತಿ

1	Wed	
2	Thu	
3	Fri	* Good Friday ಗುಡ್ ಫ್ರೈಡೆ
4	Sat	
5	Sun	* Easter ಈಸ್ಟರ್
6	Mon	
7	Tue	
8	Wed	
9	Thu	
10	Fri	
11	Sat	
12	Sun	
13	Mon	
14	Tue	* Ambedkar Jayanthi ಅಂಬೇಡ್ಕರ್ ಜಯಂತಿ
15	Wed	
16	Thu	
17	Fri	
18	Sat	
19	Sun	*
20	Mon	
21	Tue	
22	Wed	
23	Thu	
24	Fri	
25	Sat	
26	Sun	*
27	Mon	
28	Tue	
29	Wed	
30	Thu	

## LEAVE RECORD

Date	No of Days	Reason	Teacher's Signature	Parent's Signature

## LEAVE RECORD

Date	No of Days	Reason	Teacher's Signature	Parent's Signature

## LEAVE RECORD

Date	No of Days	Reason	Teacher's Signature	Parent's Signature

**TEACHER'S REMARKS**

Date	Remarks	Teacher's Signature	Parent's Signature

**TEACHER'S REMARKS**

Date	Remarks	Teacher's Signature	Parent's Signature

## **PARENT TEACHER'S COMMUNICATION**

(Parent/Teachers shall sign each communication/Reports)

Date	Remarks	Teacher's Signature	Parent's Signature

## **PARENT TEACHER'S COMMUNICATION**

(Parent/Teachers shall sign each communication/Reports)

Date	Remarks	Teacher's Signature	Parent's Signature

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Date	Remarks	Teacher's Signature	Parent's Signature

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(Parent/Teachers shall sign each communication/Reports)

Date	Remarks	Teacher's Signature	Parent's Signature

## **PARENT TEACHER'S COMMUNICATION**

(Parent/Teachers shall sign each communication/Reports)

Date	Remarks	Teacher's Signature	Parent's Signature

**PRINCIPAL'S REMARKS**

(Parent/Principal shall sign each communication Reports)

Date	Remarks	Principal's Signature	Parent's Signature



<b>IIIrd Quarter Exam Time Table</b>				<b>IVth Quarter Exam Time Table</b>			
Date	Subject	Timings		Date	Subject	Timings	
Teacher's Signature				Teacher's Signature			
Parent's Signature				Parent's Signature			

## TIME TABLE

Day\Session	1st Period	2nd Period	3rd Period	4th Period	5th Period	6th Period
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						

## ಪ್ರಾರ್ಥನೆ 1

ಮಾಡು ಎನ್ನ ಗುರುವೆ  
ಶಾಂತಿಯ ಚಿಲುಮೆ  
ನೀಡು ಎನ್ನ ಪ್ರಭುವೆ  
ಪ್ರೀತಿಯ ಸಹನೆ

} (2)

1. ದ್ವೇಷದ ಮನಗಳಲಿ ಪ್ರೀತಿಯ ಅರಳಿಸಲು  
ನೋವಿನ ಕಣ್ಗಳಲಿ ಕಾಂತಿಯ ಬೆಳಗಿಸಲು  
ಹಿಂಸೆ ನೆಲೆಗಳಲ್ಲಿ ಶಾಂತಿಯ ಚಿಮ್ಮಿಸಲೂ  
ಮಾಡು ಎನ್ನ ಪ್ರಭುವೆ ಶಾಂತಿಯ ಚಿಲುಮೆ  
ಮಾಡು ಎನ್ನ .....ಪ್ರೀತಿಯ ಸಹನೆ

## ಪ್ರಾರ್ಥನೆ 2

ತನುಮನವ ಅರ್ಪಿಸುವೇ ದೇವಾ  
ಸ್ವೀಕರಿಸಿ ನೀ ಹರಸು ದೇವಾ  
ಎಲ್ಲಾ ನಿನ್ನದಾನ ಸ್ತೋತ್ರ ತಂದೆ ದೇವಾ  
ತನುಮನವ ಅರ್ಪಿಸುವೇ ದೇವಾ ಸ್ವೀಕರಿಸಿ ನೀ ಹರಸು ದೇವಾ

} (2)

1. ತಾಯಿ ಗರ್ಭದಲ್ಲಿ ಜೀವರೂಪ ಕೊಟ್ಟೆ  
ಗರ್ಭದಲ್ಲಿ ಜ್ಞಾನ ಬುದ್ಧಿ ಅರಿವನಿ ಇತ್ತೆ  
ತಾಯಿ ತಂದೆ ನೀನು ಕೊಟ್ಟ ಕೊಡುಗೆ ದೇವಾ  
ಬಂಧು ಬಳಗವೆಲ್ಲಾ ನಿನ್ನ ಕೃಪೆಯೇ ದೇವಾ  
ನನ್ನದಾಗಿ ನನ್ನದೇನು ಇಲ್ಲಾ ಸರ್ವವೂ ನೀ ಕೊಟ್ಟ ದಾನ  
ನಿನ್ನ ಕೃಪೆಯೇ ಸಾಕು ಹರಸು ತಂದೆ ದೇವಾ  
ತನುಮನವ ..... ಸ್ವೀಕರಿಸು ಹರಸು ದೇವಾ

} (2)

### ಪ್ರಾರ್ಥನೆ 3

ಈ ಜಗಕ್ಕೆಲ್ಲಾ ಬೆಳಕಾಗಿ ಬಾ ದೇವಾ  
ಇಲ್ಲಿ ಬೆಳಕಿಲ್ಲ ನೀನಿಲ್ಲದೆ  
ನನ್ನ ಬದುಕಿನ ಹಗಲಲ್ಲಿ ಬಾ ದೇವಾ  
ಈ ಹಗಲಲ್ಲೂ ಏಕಾಂತವೆ  
ಹೊತ್ತು ಹೋಗದು ನೀ ಬರದೆ ಈ ಬಾಳಲ್ಲಿ  
ಕತ್ತಲಾಗದು ಈ ಬದುಕು ನೀನಿದ್ದಲ್ಲಿ

1. ನೀನಿರದ ಮನೆಯಲ್ಲಿ ನಾನ್ಯಾರೋ  
ಈ ಮನೆಯ ಹಂಗೇತಕೊ  
ಮನೆಯೊಡೆಯ ಮನೆಯೊಳಗೆ ನೀನಿಲ್ಲದೆ  
ಒಳಗೆಲ್ಲಾ ಹುಸಿ ಬದುಕು  
ನಡೆಯಲ್ಲಿ ನುಡಿಯಲ್ಲಿ ನೀನಿಲ್ಲದೆ  
ಬಹಿರಂಗ ಚೆಲುವೇತಕೊ  
ಆಕಾರ ನಾನು ಸಹಕಾರ ನೀನು  
ನನ್ನಲ್ಲಿ ನೀನಾಗಿರೊ  
ಈ ಜಗಕ್ಕೆಲ್ಲ..... ನೀನಿಲ್ಲದೆ

### ಪ್ರಾರ್ಥನೆ 4

ಪ್ರಭುವೆ ನಿನ್ನ ನುಡಿಗೆ ಮಿಡಿದ, ನನ್ನ ಕರೆದೆ  
ಎಳಸು ಮನಸು ದೂರ ಗುರಿಯು  
ನಿನ್ನ ಕೈ ಹಿಡಿವೆ ನಡೆಸನ್ನನು  
ಪ್ರಭುವೆ ನಿನ್ನ ನುಡಿಗೆ

1. ನೂರಾರು ಜನರೊಳಗೆ ನಾ ಕಂಡೆನೆ  
ನಿನ್ನ ಅಂಗೈಯ ಕರದಲ್ಲಿ ನಾನಿದ್ದೆನೆ  
ಅಳುಕಲಿ ನಾನಿರುವೆ ಬಾ  
ನಿನ್ನ ಭರವಸೆ ನನಗೀಯ ಬಾ  
ನೀನು ನುಡಿಯಾಗಿ ಬಾ ಒಲವಾಗಿ ಬಾ  
ನಡೆನುಡಿಗೆ ಒಡನಾಗಿ ಬಾ

## ಪ್ರಾರ್ಥನೆ 5

ಜಗದ ಒಡೆಯನೇ ಮಾಡಿದ ಸಹಾಯ  
ನೆನದು ನಾನು ವರ್ಣಿಸುವೆ ಕೃತಜ್ಞತೆಯ  
ಎಲ್ಲಾ ಸಮಯದಲ್ಲಿ ಸರ್ವ ಸ್ಥಿತಿಗಳಲ್ಲಿ (2)  
ಸಲಹಿ ದೇವರೇ ಕಾಪಾಡಿದಾತ್ಮನೇ (2)  
ನಿನ್ನನ್ನೇ ಆರಾಧಿಸುವೆ

1. ರೋಗವ್ಯಾಧಿಯಲ್ಲಿ ಚಿಂತೆದುಃಖದಲ್ಲಿ (2)  
ಸಂತೈಸಿದಾತನೆ ಆದರಿಸಿದಾತನೇ  
ನಿನ್ನನ್ನೇ ಆರಾಧಿಸುವೆ  
ಜಗದ ಒಡೆಯನೇ.....ಕೃತಜ್ಞತೆಯ

## ಪ್ರಾರ್ಥನೆ 6

ಅನುಪಮ ಚೇತನ ಭಗವಂತ  
ನಿನಗಿದೋ ಉಪಾಸನೆ  
ಜಗವನೇ ಕಾಯುವ ಲೋಕಪಿತ  
ಪ್ರಣಾಮ ಸಮರ್ಪಣೆ (2)

1. ಜೀವನ ತುಂಬಿದ ನೀ ಎಮಗೆ ನಿಶ್ಚಿತ ಆಧಾರ  
ಸಾತ್ವಿಕ ಹಾದಿಯ ನೀ ಈ ಜಗವ ಸಾಗಿಸ.

## ಪ್ರಾರ್ಥನೆ 7

ಬಾಳದೋಣಿಯಲ್ಲಿ ಕಾಯೋ ಹೇ ದೇವಾ  
ನಡೆಸು ಮುಂದಕೆ ಮುಕ್ತಿ ಪಥದಲ್ಲಿ  
ಪ್ರಾರ್ಥನೆವು ದೇವಾ

1. ಸುಪ್ರಭಾತದಿ ನಿನ್ನ ಸ್ತುತಿಸುವೆ ಪ್ರಭು ಹೇ ದೇವಾ  
ಭಕ್ತಿ ಭಾವದಿ ನಿನ್ನ ಪೂಜಿವ ಸ್ವಾಮಿ ಹೇ ದೇವಾ
2. ಮುಕ್ತಿ ಮಾರ್ಗದಿ ನಿನ್ನ ನರೆಸುವೆ ರಕ್ಷಿಸು ದೇವಾ  
ದಿವ್ಯ ಸನ್ನಿಧಿ ನಿನ್ನ ಬಯಸುವೆ ಪಾಲಿಸು ದೇವಾ

## ನಾಡಗೀತೆ - 8

ಜಯ ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ  
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ  
ಜಯ ಸುಂದರ ನದಿ ವನಗಳ ನಾಡೇ  
ಜಯ ಹೇ ರಸಖುಷಿಗಳ ಬೀಡೇ  
ಜಯ ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ  
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ  
ಭೂದೇವಿಯ ಮುಕುಟದ ನವಮಣಿಯೆ  
ಗಂಧದ ಚಂದದ ಹೊನ್ನಿನ ಗಣಿಯೆ  
ರಾಘವ ಮಧುಸೂಧನರವತರಿಸಿದ  
ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ  
ಜಯ ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ  
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ

## ವಂದೇ ಮಾತರಂ - 9

ವಂದೇ ಮಾತರಂ  
ಸುಜಲಾಂ, ಸುಫಲಾಂ, ಮಲಯಜ ಶೀತಲಂ  
ಸಸ್ಯ ಶ್ಯಾಮಲಾಂ ಮಾತರಂ।  
ವಂದೇ ಮಾತರಂ।  
ಶುಭ್ರ ಜ್ಯೋತ್ಸ್ನಾ ಪುಳಕಿತ ಯಾಮಿನೀಂ  
ಪುಲ್ಲಕುಸುಮಿತ ಧೃಮದುಳ ಶೋಭಿನಿಂ  
ಸುಹಾಸಿನಿ ಸುಮಧುರ ಭಾಷಿಣಿಂ  
ಸುಖದಾಂ ವರದಾಂ, ಮಾತರಂ।  
ವಂದೇ ಮಾತರಂ॥

## ರಾಷ್ಟ್ರಗೀತೆ - 10

ಜನ ಗಣ ಮನ ಅಧಿನಾಯಕ ಜಯ ಹೇ  
ಭಾರತ ಭಾಗ್ಯ ವಿಧಾತಾ  
ಪಂಜಾಬ ಸಿಂಧು ಗುಜರಾತ ಮರಾಠಾ  
ದ್ರಾವಿಡ ಉತ್ಕಲ ವಂಗ  
ವಿಂಧ್ಯ ಹಿಮಾಚಲ ಯಮುನಾ ಗಂಗಾ  
ಉಚ್ಛಲ ಜಲಧಿ ತರಂಗ  
ತವ ಶುಭ ನಾಮೇ ಜಾಗೇ  
ತವ ಶುಭ ಆಶಿಶ ಮಾಗೇ  
ಗಾಹೇ ತವ ಜಯ ಗಾಥಾ  
ಜನ ಗಣ ಮಂಗಲ ದಾಯಕ ಜಯ ಹೇ  
ಭಾರತ ಭಾಗ್ಯ ವಿಧಾತಾ  
ಜಯ ಹೇ ಜಯ ಹೇ ಜಯ ಹೇ  
ಜಯ ಜಯ ಜಯ ಜಯ ಹೇ

## ಧ್ವಜ ಗೀತೆ - 11

ಝಂಡಾ ಉಂಚ ರಹೇ ಹಮಾರ|| ಪ |  
ವಿಜಯೀ ವಿಶ್ವತೀ ರಂಗ ಪ್ಯಾರಾ|  
ಸದಾ ಶಕ್ತಿ ಬರ್ಸಾನೇ ವಾಲ್ಮಾ  
ವೀರೊಂಕೋ ಹರ್ಶಾನೇ ವಾಲಾ  
ಮಾತೃ ಭೂಮಿಕಾ ತನು ಮನು ಸಾರ || ಪ |  
ಅವೋ ಪ್ಯಾರೇ ವಿರೋಂ ಆವೋ  
ದೇಶ ಧರ್ಮಪರ್ ಬಲಿ ಬಲಿ ಜಾವೋ ||  
ಎಕ್ ಸಾಧ್ ಸಭ್ ಮಿಲಕರ್ ಗಾವೋ||  
ಪ್ಯಾರಾ ಭಾರತ್ ದೇಶ್ ಹಮಾರ || ಪ |  
ಶಾನನ ಇಸಕೀ ಜಾನೇ ಪಾಯೆ |  
ಚಾಹೇ ಜಾನ್ ಭಲೇ ಹೀ ಜಾಹೇ |  
ವಿಶ್ವ ವಿಜಯಿ ಕರ್ ಕೆ ದಿಖ್‌ಲಾಯೇ |  
ಸಬ್ ಹೋವೇ ಪ್ರಾಣ್ ಪೂರ್ಣ್ ಹಮಾರ || ಪ |



**Manasa Boys bagged first place in State Level BOCCE Championship Trophy - 2025 held in Saanidhya Special School.**



**Manasa Girls bagged Third place in State Level girls BOCCE Championship Trophy - 2025 held in Saanidhya Special School.**



**KMC Dental College Manipal Doctors conducted Free Dental Camp in Manasa. More than 150 students and staff members benefited.**



**Manasa organized Block Level Autism Awareness Workshop to Asha, Anganawadi and VRW employees in Kaup. Dr. P.V. Bhandary Medical Director Dr. A.V. Baliga hospital Udupi Ms. Rathna DDW officer DC office Udupi and Mr. Niranjan Bhat, Assistant Director (Rtd ) were the main Resource persons on the occasion. 130 employees benefitted from the workshop.**



**Manasa students in action**



**Manasa students in Picnic**

